

CHARGE

Nutrition

Did you know most insurance plans cover this?

What: Customized Nutrition Program that's designed for YOU!

How: **Insurance-Funded** (Free) and low-cost options available!

Who: Individuals looking to Lose Weight, Build Muscle, and hit their health goals!

Why: Hit your health goals and Charge donates money to Charity!

FREE + HEALTHIER YOU = WIN!

TheChargeGroup.com



Weight Loss



Better Sleep



Healthy Lifestyle



Lean Muscle



Energy

